



**Kappa Delta**  
SORORITY

**COVID-19 PROTOCOL AND MEMBER OBLIGATIONS  
FOR 2020/2021 ACADEMIC YEAR  
EPSILON ALPHA KAPPA DELTA, MISSOURI UNIVERSITY OF  
SCIENCE & TECHNOLOGY**

**Dated Aug 18, 2020**

*This document is subject to updates and additional information becomes available.*

*This document was created by the Reimagine team based on campus and CDC guideline is to augment and not supplant any other Kappa Delta rules.*

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## TRAVEL

### GUIDANCE FOR PARENTS PLANNING FOR FALL AND SPRING

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**IMPORTANT: We are using the following definitions.**

- **Quarantine:** Member has been exposed, but is not displaying any symptoms. Monitors health, awaits physician guidelines and/or testing. Additionally, the university has asked all students to self-quarantine for 7 days upon arrival in Rolla, independent of exposure.
- **Isolation:** Member is symptomatic and/or tested positive for COVID-19. Must be separated from healthy people to avoid spread. Read more here: [CDC Quarantine + Isolation Guidelines](#) - Released July 7
- **Family Unit:** A group of people with regular contact. This will fluctuate through the semester with the idea of starting small and growing the chapter family unit.

## CALENDAR

The Chapter House will open and close on the following schedule:

- Wednesday, August 12: Open for Council and house manager to move in by appointment
- Thursday, August 13 through Saturday, August 15: Members move in by appointment
- Sunday, December 20 at 10:00AM: Chapter House will close for winter break
- Here is the MS&T Academic [Calendar](#)

## MOVE-IN

### **Q: What should I do before arriving at Rolla this fall?**

**A:** We request that you:

- Minimize social interactions for 7 days prior to move-in
  - o Limit going out to restaurants, bars, group gatherings, etc.
  - o Follow CDC guidelines (wear mask and social distance)
  - o Monitor temperature and use screening app Campus Screen daily
  - o If you have a temperature over 100°F, contact covid@mst.edu and notify Amanda Aiken, Chapter President
  - o If the screen test fails, contact covid@mst.edu and notify Amanda Aiken, Chapter President
- Bring multiple masks (recommend 5)
- Bring personal thermometer

### **Q: When will the Chapter House open?**

**A:** Members will move in August 13-15 by appointment using a sign-up system. Time slots are: 8, 9:30, 11, 12:30, 2, and 3:30. A maximum of 4 members per time slot with one moving into each wing/floor.

### **Q: What is the move-in process?**

**A:** Members will be allowed to have up to two helpers. Members and their helpers are asked to limit their exposure in the 7 days prior to their move in day. Everyone will wear masks on property except when sleeping or eating. Everyone should still practice social distancing even with masks on. Members will disinfect high

touch surfaces they came into contact at the end of their move in shift. Live in members are asked to limit their movement around the house after moving in to allow space and distance for members moving in after them. No out of house members may be in the house during move in except to obtain grab-n-go food.

## **HOUSING**

**Q: Will the Chapter provide cleaning supplies?**

**A:** We ask that members bring cleaning supplies for their room and personal spaces as well as personal hand sanitizer. Cleaning supplies will be available for the common areas with extra supplies not guaranteed for personal spaces. This is due to the supply chain difficulties currently being seen in relation to cleaning supplies.

**Q: Can I bring a personal air purifier?**

**A:** Yes. Members may bring a small, personal-sized air purifier for their room.

**Q: Can I bring a privacy curtain?**

**A:** Yes. If you wish to hang a privacy curtain on your bunk bed, please ensure it will not cause damage to the furniture. Curtains that cause damage to furniture or walls will incur a fine.

**Q: Are there guidelines to sleeping arrangements?**

**A:** Yes. Please use [this guide](#) to recognize social distancing in your room or sleeping dorm configuration. Sleeping arrangements will be head to foot alignment between bunks and neighbors. Every bed has a notecard indicating where the head should go and

every room's vanity has a pictorial representation of this head to food alignment. On some lower bunks, a divider has been put between the neighboring beds where applicable to allow head to head alignment between those neighbors on the bottom bunks with a feet to feet alignment between the neighbors on the top bunks.

**Q: Will the house close mid-semester (such as if the university goes to online only)?**

**A:** We reserve the right to close the house as we continually assess the local, university, and house situation.

**Q: Can I use the study rooms, snack kitchens, storage room, etc.?**

**A:** Yes. All common areas of the house except the main kitchen will remain accessible to members. These areas will be available to both in house and out of house members. Masks should be worn and social distancing practiced.

Regrettably, the main kitchen will be closed this semester keeping in mind the health of our employees and members. Many things normally in the main kitchen used by members will be made accessible in the dining room – fridges, snacks, toaster oven, toaster, microwave, etc. Members will unfortunately lose access to the stove and oven. After conferring with the assistant fire chief of Rolla, for fire safety, we cannot provide any sort of hot plate/induction stove for members to use.

## **FOOD AND DINING**

**Q: Will meals still be served?**

**A:** Yes. We have worked with our cook, Jessi, to make plans for food preparation and service. All employees will wear PPE including masks and gloves. All employees will also receive training on sanitation, food safety, and disinfecting protocols.

**Q: What date will meal service begin?**

**A:** Food service will begin on Thursday, August 13. This is a couple days earlier than usual to help members observe the 7 day arrival quarantine. More weekend food than normal will also be provided on that weekend to aid members in observing the University's quarantine request.

**Q: What will service be like?**

**A:** There will be both "dine in" and "grab-n-go" options. The cooks will plate your selections instead of going through a traditional buffet line. Leftovers will be individually portioned. The cook will also use the meal sign ups to have better estimates on food quantity and meeting dietary restrictions.

We have set up two stations in the dining room. One at the front near the kitchen with a refrigerator for our "grab-n-go" options, either save-a-plates or leftovers. This station/fridge was strategically placed to be a quick and minimal exposure option for out of house members to still utilize food services. The second station in the back of the room has another fridge for drinks, milk, and other house food available to collegians, as well as cooking equipment (toaster oven, microwave, panini press, etc) and the cereal station.

**Q: Will I need to sign up for meals?**

**A:** Both in and out of house members will sign up for meals through google form. This form will be used to sign up for meal shifts to avoid overcrowding in the dining room and also to accommodate the increased time of preparation with individual meal portioning.

There will still be leftovers available for members who forget to sign up for meals or have a change in plans. Those meals will be clearly labeled in the fridge and will be first come first serve.

**Q: What about seating in the dining room?**

**A:** The folding wall that normally separates the chapter room and the dining room will remain open this semester and the tables and chairs have been spread across the entire space to allow for proper social distancing. A reduced number of chairs have been placed at each table and signs have also been added to the tables to indicate where to sit. Masks should be placed in laps (and not on the table) or a personal bag while eating.

Again, we are asking members to sign up for and respect meal shifts to help ensure that social distancing can be observed in the dining room.

## **HEALTH, WELLNESS AND SAFETY**

**Q: When I arrive at MS&T, do I need to quarantine?**

**A:** Yes, the university is asking for students to observe a 7 day quarantine period upon arrival prior to classes beginning. According to the university, members from other countries should quarantine for 14 days. Move in dates are set such that members

will be able to complete their 7 day arrival quarantine in the chapter house.

**Q: Will hand sanitizer be available?**

**A:** Yes. Hand sanitizer has been spread around the house. Members are strongly encouraged to regularly use the hand sanitizer especially upon entering and leaving the Chapter House, snack kitchens, and dining room. In addition, frequent 20-second hand-washing throughout the day is highly recommended.

**ISOLATION AND QUARENTINE**

**Q: What are the symptoms of the coronavirus?**

**A.** Visit the [CDC Symptom Checker](#) online and regularly use the Campus Screen app. Signage posted throughout the house will list the symptoms and serve as a reminder, but will not be an exclusive list.

**Q: What if I am exposed to someone who tests positive for COVID-19, but am not symptomatic?**

**A:** We ask that you immediately talk to student health. Sampus health will direct whether or not you should quarantine and perform contact tracing for anyone else who may need to quarantine.

If you are informed you need to quarantine, please inform the chapter president. We recommend members needing to quarantine should return home. If your entire suite will be quarantining under campus direction, you may quarantine in the house in your suite.

The university does not want quarantine students to attend class. They will need to arrange with their instructors to take courses online until released from quarantine.

**Q: What if my test is negative?**

**A:** Members are asked to remain in quarantine until student health releases them from quarantining. The incubation period for the virus can be up to 14 days and unless a member was tested on the 14th day from their exposure, a negative test earlier in the quarantine period may mean they are infected.

**Q: Will the Chapter House have specific rooms for quarantine?**

**A:** Members should return home if possible. If your entire suite will be quarantining under campus direction or voluntarily, you may quarantine in the house in your suite.

The university is considering providing a quarantine area in local hotels but details are yet to be determined. Cost and availability are unknown at this time.

**Q: What if I am symptomatic or test positive for COVID-19?**

**A:** We ask that you immediately talk to student health. Student health will direct whether or not you should isolate and perform contact tracing for anyone else who may need to quarantine.

If you are informed you need to isolate, please inform the chapter president. Members will be asked to isolate away from the Chapter House as soon as possible for the health and safety of all members, staff, and volunteers.

The university has plans to provide a campus isolation area but details are yet to be determined.

**Q: Where should I isolate if I am symptomatic or test positive?**

**A:** If you diagnose positive or have symptoms, you must isolate away from the Chapter House. It is recommended all members discuss now with their immediate family to develop a plan should the member need to isolate or quarantine. The university has plans to provide a campus isolation area but details are yet to be determined.

**Q: When can I return to the Chapter House?**

**A:** Members can return to the Chapter house once cleared by student health.

**Q: Do I have to wear a face mask?**

**A:** Yes. The university is asking all students to bring multiple reusable masks to have enough in between laundry days and they should always have their mask readily available.

Members should wear masks covering their nose and mouth at all times with the following exceptions:

- 1) When eating
- 2) When in their assigned suite
- 3) When in the bathroom

As the semester progresses, mask use will be re-evaluated.

**Q: Will the Chapter provide thermometers?**

**A:** Yes, the chapter house will have a three infrared thermometers for member use, one on each floor. The university is also asking all students to bring their own thermometer to do a daily temperature check as well as completing the Campus Screen app.

## **TESTING AND CONTACT TRACING**

All members will be asked to follow MS&T's testing and contact tracing plans.

The university is providing students with access to the Campus Screen app asking them to regularly use it and contact student health whenever they receive a failed screening.

### **Q: Where can I get tested?**

**A:** Talk to student health for direction on testing. Regular use of the Campus Screen app will help you know when to talk to student health.

### **Q: Will our chapter contact trace?**

**A:** Members who test positive will be asked to work with student health who will assist with contact tracing.

## **CLEANING**

### **Q: Will there be cleaning?**

**A:** Yes. The house was professionally cleaned by Final Sweep prior to move in. Staff and members will be asked to maintain high sanitation practices in kitchen, dining room, and common locations with a heavy focus on high-frequency touch points. The chapter has revised the normal chapter house duties to address high-frequency touch point cleaning and plans to provide additional guidelines for cleaning private areas. Sanitization of high use areas will also be added to hose duties.

**Q: What is my responsibility?**

**A:** Perform your house duties, do your part to keep your private area clean, and adopt a 'clean as you go' mentality:

- Wash hands for 20 seconds and/or sanitize hands regularly
- Wipe surfaces you touch
- Not leave personal items in common areas (exception of food in the snack kitchens)
- Regularly wash your masks

**Q: Will I be expected to keep my room clean?**

**A:** Yes. The chapter plans to provide additional guidelines for cleaning private areas. Failure to keep your room tidy is disrespectful to the chapter house and, in these times, can be dangerous to the health of your sisters and yourself. A cleaning schedule will be decided upon within rooms to ensure that rooms are sanitized daily.

**LIVE-OUT MEMBERS AND GUESTS**

**Q: Are out of house members allowed to come to the chapter house?**

**A:** Yes. Out of house members will be welcome! (Except on the move in days when they will only be able to come over for grab-n-go meals.) They are asked to wear a mask at all times except while eating and to stay out of the private suites in the house. This will be re-evaluated as the semester progresses.

**Q: Are guests allowed to come to the Chapter House?**

**A:** No. Until further notice, study groups, partners, family members, parents, tutors, alums, inactive members, etc. will not be allowed to visit. The only exceptions are your two helpers for move in and house corporation approved staff and vendors.

## **VENDORS**

**Q: What kind of vendors are allowed at the house and what kind of safety measures must they abide by?**

**A:** Only house corporation approved vendors will be allowed into the facility. This would typically be for necessary maintenance. Vendors will be asked prior to coming to the house to verify in the last 14 days they have not: been out of the country, been in a location with stay at home orders, have exhibited COVID symptoms. Vendors will sanitize their hands upon entry and wear a mask at all times. As always, vendors will sign-in using the sheet on the clip board by the front or south stair doors.

Food delivery personnel will not be allowed into the chapter house. One of the cooks must meet them at the external pantry entrance and transfer food into the facility.

## **EVENTS**

**Q: Will we still have recruitment?**

**A:** Yes. Currently a virtual recruitment is being planned by for August.

**Q: Will we still have Bid Day?**

**A:** Yes, but it will not be the traditional bid day at the chapter house. Plans are being developed by the VP-ME.

**Q: Will we still have events?**

**A:** We are following campus guidelines while adhering to our no guest policy. This includes all physical events such as Panhellenic events and sisterhood activities. For the time being, we are holding virtual events.

**Q: Will we still have chapter meetings and ritual?**

**A:** Chapter meetings will be held virtually until further notice. Other decisions will be subject to current guidelines for gatherings and will be decided as we are allowed. Ritual for this semester will be held virtually and is only required for the New Members.

**TRAVEL**

**Q: Will I be able to travel?**

**A:** To limit the spread of COVID-19, the university and we request that once a member return to Rolla that they refrain from nonessential travel until the end of the semester.

**GUIDANCE FOR PLANNING FOR FALL AND SPRING**

We realize that you may have questions throughout the semester. As information is relayed to members about the plans for fall semester amidst COVID-19, we will update this document.

You can also visit these websites when making a plan for returning to campus or potential outbreaks.

CDC Coronavirus Information

- <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Phelps County Coronavirus Information

- <https://phelpshealth.org/covid-19>

### Guidelines from the University

- <https://coronavirus.mst.edu/>
- <https://coronavirus.mst.edu/return-to-campus/>

### For testing background and details see

- <https://www.goodrx.com/blog/coronavirus-covid-19-testing-updatesmethods-cost-availability/>

### University Student Health Services

- Dennis S. Goodman
  - [dgoodman@mst.edu](mailto:dgoodman@mst.edu)
  - (573)341-4284
- Melinda L. Bryson
  - [brysonml@mst.edu](mailto:brysonml@mst.edu)
  - (573)341-4284
- <https://studenthealth.mst.edu/>

### Medical Center

Rolla, MO

(573) 426-4455

- COVID-19 testing center
- Appointment required
- Referral required
- Tests limited to certain patients

### Phelps Health Medical Group

General Hospital

Rolla, MO

(573) 364-9000

- COVID-19 testing center
- Appointment not required
- Referral not required

- Testing for all patients
- Drive-through